

Peel Medical Practice

Patient Participation Group (PPG)
Newsletter 2 - 2024



WELCOME

Hello to our patients and carers, here is the second newsletter for 2024. Although we are into June, summer seems very shy as yet, let us hope it puts in more of an appearance very soon!

This newsletter is devoted to three issues we feel you may not know about but which could be useful to you.

Prescription Prepayment Certificates (PPCs)

Prescription charges are now £9.90 per item. If you pay for prescriptions and need a number of items on a regular basis, you might find it cheaper to buy a PPC.

A three month PPC costs £32.05.

If you need 4 items over the three- month period, paying the full price will cost you £39.60. With a three month PPC you save £7.55.

Of course, you save even more if you need more than 4 items over the three months.

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A twelve month PPC costs £114.50. If you need 12 or more items over the year, you save money with this PPC. For example, 12 items at full price will cost you £118.80. With a twelve month PPC, you save £4.30. And the more items you need, the more you save.

The twelve month PPC can be paid for over 10 instalments of £11.45, which is the same amount in total as a one-off payment for the year.

For patients using HRT, there is a PPC that costs £19.80. If you are prescribed more than 2 qualifying HRT items a year, you save money if you buy the PPC.

Before you buy a PPC you should check if you are eligible for free prescriptions first.

For more information, go to <https://www.gov.uk/get-a-pcc>



Martha's Rule

Martha's Rule came about because of a campaign by Ms Mills after her daughter Martha, aged 13, died of sepsis in 2021. The inquest into Martha's death found that, with better care, she would have survived.

Under Martha's Rule, patients who are rapidly deteriorating, and their families, can seek a second opinion or an urgent review. (Staff treating the patient can also request this). If they feel their concerns are not being heard, they will be able to call an internal phone number and request a second opinion from a critical care outreach team. Clinicians will also record daily insights and information about a patient's health directly from their families.

143 NHS hospitals have signed up to this scheme, which comes into operation by March 2025.

In this region, 13 hospitals have agreed to take part in the scheme, these include Heartlands, Good Hope, Queen Elizabeth and Solihull.

For more information, go to

<https://www.patientsafetycommissioner.org.uk/our-work/marthas-rule/>



Tamworth Wellbeing Cancer Support Centre

This is a self-funded registered charity. The aim of its drop-in centre is to support people, young and old, and their families, in their needs while coping with cancer and other chronic illnesses including fibromyalgia, diabetes, heart conditions and stroke.

A huge range of services is offered and are confidential and free of charge to clients. These include foot, holistic and creative therapies, arts and crafts, wig fitting and styling, wellbeing activity groups, monthly support groups, coffee mornings, library, financial advice, listening or just a hug!

Opening times are 10am – 3pm

Monday, Tuesday, Thursday and Friday.

The Centre's address is:

44 Craven

Off Crowden Road

Stoneydelph

Tamworth

Staffs B77 4HH

Tel: 01827 899590 or 07368 265984

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More information:

www.tamworth-wellbeing-cancer-support.com

The Centre is holding an Open Day on Saturday July 20th 10am – 3pm, all are welcome to drop in and see first- hand what goes on, and enjoy the warm, welcoming and overwhelmingly positive atmosphere.

Thank you for reading this newsletter, we hope you found it interesting and useful. Feedback is welcomed and can be sent via the PPG email address which is **peelppg@gmail.com**

All good wishes from your PPG committee.